PMEX UPDATE

ABBASI AND COMPANY (Pvt) Ltd.

BUY	
CRUDE10-SE26	
83.66	1.43%
Expiry	19/Aug/26
Remaining	29 Days
Entry	81.35 - 81.95
Stoploss	82.29
Take Profit	83 - 84.6

SELL	
NGAS1K-AU26	
2.8770	0.59%
Expiry	28/Jul/26
Remaining	7 Days
Entry	2.88 - 2.86
Stoploss	2.92
Take Profit	2.82 - 2.79

BUY	
GO1OZ-AU26	
4,062.80	1.17%
Expiry	29/Jul/26
Remaining	8 Days
Entry	4050 - 4056
Stoploss	4033.00
Take Profit	4072 - 4088

BUY	
SL10-SE26	
59.14	-2.05%
Expiry	27/Aug/26
Remaining	37 Days
Entry	57.9 - 58.28
Stoploss	57.44
Take Profit	58.84 - 59.62

BUY	
PLATINUM5-OC26	
1,636.30	2.01%
Expiry	28/Sep/26
Remaining	69 Days
Entry	1622 - 1628
Stoploss	1616.00
Take Profit	1642 - 1652

BUY	
COPPER-DE26	
6.5230	2.87%
Expiry	24/Nov/26
Remaining	126 Days
Entry	6.42 - 6.45
Stoploss	6.38
Take Profit	6.48 - 6.52

BUY	
ICOTTON-DE26	
79.79	1.10%
Expiry	19/Nov/26
Remaining	121 Days
Entry	80.16 - 80.25
Stoploss	79.00
Take Profit	80.78 - 81.25

SELL	
DJ-SE26	
52,253	0.35%
Expiry	17/Sep/26
Remaining	58 Days
Entry	52411 - 52355
Stoploss	52526.00
Take Profit	52228 - 52013

SELL	
SP500-SE26	
7,519	0.46%
Expiry	17/Sep/26
Remaining	58 Days
Entry	7530 - 7520
Stoploss	7545.00
Take Profit	7500 - 7485

BUY	
NSDQ100-SE26	
29,148	1.28%
Expiry	17/Sep/26
Remaining	58 Days
Entry	29046 - 29108
Stoploss	29002.00
Take Profit	29270 - 29330

BUY	
GOLDUSDJPY-AU26	
162.74	0.15%
Expiry	29/Jul/26
Remaining	8 Days
Entry	162.65 - 162.72
Stoploss	162.52
Take Profit	162.88 - 162.94

SELL	
GOLDEURUSD-AU26	
1.1421	0.06%
Expiry	29/Jul/26
Remaining	8 Days
Entry	1.1432 - 1.1426
Stoploss	1.145
Take Profit	1.1412 - 1.1402

PMEX UPDATE

Major Headlines

Oil prices firm as investors weigh fresh attacks against potential US-Iran ceasefire

Oil prices edged higher on Tuesday as markets weighed reports of mediation efforts against fresh attacks exchanged by the U.S. and Iran as well as threats of a naval blockade of Saudi Arabia by Yemen's Houthis. Brent crude futures rose 48 cents, or 0.5%, to $89.70 a barrel by 0950 GMT.

Gold tests $4,086 resistance in technical standoff

Gold's 5-hour chart shows bulls and bears locked in a technical standoff: price sits just under the key $4,086 resistance, with a sharp reversal risk looming. A breakout above this level could trigger new highs — but false moves here have punished traders hard in recent weeks.

Wall St futures gain on Iran ceasefire hopes; earnings in focus

U.S. stock index futures rose on Tuesday as renewed mediation efforts in the Middle East lifted sentiment, while investors looked ahead to corporate earnings that could prove pivotal for the AI market as it navigates ongoing pressures. Markets were weighing mixed signals from the U.S.-Iran conflict after a senior Iranian official told Reuters on Monday that Tehran had received a proposal from mediators for a 10-day ceasefire.

USD/JPY Price Forecast: Forms Symmetrical Triangle near multi-decade highs

USD/JPY The Japanese Yen (JPY) trades marginally higher against the US Dollar (USD) during the European trading session on Monday. The USD/JPY pair edges down to near 162.36 as the US Dollar faces pressure, with investors remaining confident that the Federal Reserve (Fed) will leave interest rates unchanged in the monetary policy announcement next week.

EUR/USD Price Forecast: Bears retain control below 200-SMA on H4; break of 1.1400 awaited

The EUR/USD pair is seen consolidating during the Asian session on Tuesday and trading just above the 1.1400 mark, or a four-day low touched the previous day. Market participants seem hesitant and keenly await the highly-anticipated European Central Bank (ECB) meeting on Thursday before positioning for the next leg of a directional move.

Economic Calendar

No economic calendar event scheduled

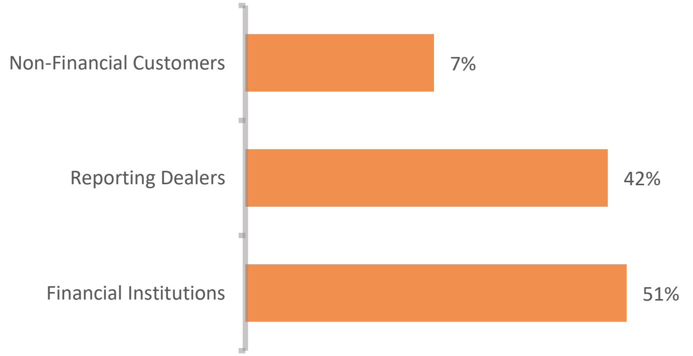
PMEX UPDATE

ABBASI AND COMPANY (Pvt) Ltd.

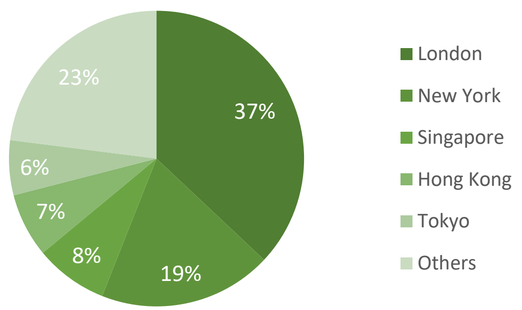
Forex Market Hours

Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

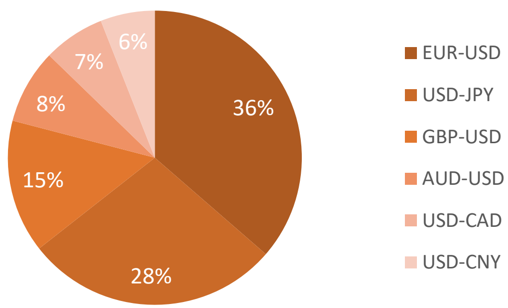
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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